



PRIVATE TRAINING RATES

Effective 5/1/2011

There is always someone out there getting better than you by training harder than you!

	Individual		Buddy Rate (2 athletes)		Small Group (3-5 athletes)	
	<i>1 session</i>	<i>8 Session Package</i>	<i>1 session</i>	<i>8 Session Package</i>	<i>1 session</i>	<i>8 Session Package</i>
Basketball <i>(1 hour)</i>	\$50	\$360	\$35 <i>per person</i>	\$256 <i>per person</i>	\$25 <i>per person</i>	\$176 <i>per person</i>
Speed/Agility <i>(1 hour)</i>	\$65	\$472	\$45 <i>per person</i>	\$328 <i>per person</i>	\$35 <i>per person</i>	\$248 <i>per person</i>
Cross Training <i>(90 minutes: basketball & S/A)</i>	\$86	\$616	\$60 <i>per person</i>	\$432 <i>per person</i>	\$43 <i>per person</i>	\$312 <i>per person</i>

Buddy Rates/Group Rates are per athlete booking sessions together.

	Team Training (per hour)		
	<i>6-9 athletes</i>	<i>10-14 athletes</i>	<i>15+ athletes</i>
At Training Arena	\$15 per person	\$12 per person	\$10 per person
At Your Facility	\$15 per person + min. \$65/hr travel fee	\$12 per person + min. \$65/hr travel fee	\$10 per person + min. \$65/hr travel fee

Payment required at time of session scheduling. 24 hr notice required if unable to keep training appt.

**Call (574) 850-2238 or email raynardperkins@comcast.net to schedule training
www.thetrainingarena.com**