



Batting Cage Rules

"The Athletic Solution to Increase Speed • Endurance • Strength • Agility"

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BATTING CAGE RULES

1. Helmets must be worn at all times while inside the batting cage.
2. Only one batter and one adult coach in the cage at a time. Players waiting their turn shall wait outside the cage behind the barricade. Standing between the netting and the barricade is not permitted.
3. When the pitching machine is being used inside the batting cage, the feeder must be at least 18 years old. Children are not permitted to feed the pitching machines under any circumstances.
4. The L screen must be used at all times to protect the person feeding the pitching machine from hit balls.
5. All balls must be picked up and returned to their proper place after use.
6. No unsupervised "practice swinging" is permitted outside the cage area. Hitting at hit down stations using a tee, is allowed outside the cage, with adult supervision.
7. "Live" pitchers must use the protective L screen in the cage if a batter is present.
8. A Training Arena Consent Form must be signed by all participants (players, coaches, parents) before the use of baseball equipment.